Do you ever wish you had one place to turn whenever you had a question or needed a little support?
Whether you need help managing your time, your budget, or your relationships…

NuVantage can help.

LifeWorks Employee Resource is now **NuVantage Employee Resource**! It is still available at no cost to you and is completely confidential. NuVantage also proudly remains a division of Lutheran Social Service. NuVantage members, managers/supervisors and their family members are all eligible for NuVantage benefits.

Key Features:

Confidential

- ✓ No identifying information ever goes back to your manager or Human Resources without written permission.

Convenient

- ✓ Intake process is simple and brief. Schedule appointments 8-5, Monday-Friday.
- ✓ NuVantage providers are available in your community. Most services are also available by telephone.

Competent

- ✓ NuVantage provides personal and professional resources for you and your family.
- ✓ All NuVantage providers are licensed and carefully selected for their experience and expertise.

Employee service benefits include:

Individual and Family Counseling

- ✓ Three (3) counseling sessions *per issue* per 12 month period.

Legal Consultations

- ✓ Consultation with a licensed attorney for issues such as DWI, divorce, custody, or estate planning.

Financial Counseling

- ✓ Meet with a financial counselor on anything from simple budgeting to debt management.

Manager Consultation

- ✓ Managers and supervisors may contact the program director for consultation and coaching regarding difficult work issues.*All contacts are confidential*.

Caregiver Consultations

- ✓ Referrals and support for caregivers.

Articles and Resources*New Feature!*

- ✓ Unlimited access to online articles and resources at **www.nuvantage.org**on the NuVantage Wellness Portal (password = wellness)

Contact Number

800-577-4727

24 hours a day

www.nuvantage.org